Mitral Valve – What are we up to???

Karl Limmer, MD Sharp Cardiovascular Center



Disclosures

- Atricure Consultant and Proctor
- Abbott Structural Heart Speaker
- Cryolife Investigator



"Yes! That was very loud Sir, but I said I wanted to hear your HEART!"



Patient History

49 yo male with two years of progressive exercise intolerance, **NYHA CLASS I**

Came to care because twin brother required a mitral valve replacement one year prior

Echo Severe mitral regurgitation with EF 71%





Prevalence of Mitral Valve Disease



Nkomo, et al. Lancet. 2006; 368: 1007



Prevalence of Mitral Valve Disease

- Over 4 million people have significant **MR**
- Annual incidence of 250,000 new cases
- Approximately 50,000 Mitral Valve Surgeries annually in the United States







Stages of Valvular Heart Disease

Stage	Definition
A	Risk of valve disease
В	Mild - moderate asymptomatic disease
C	Severe valve disease but asymptomatic C1: Normal LV function C2: Depressed LV function
D	Severe, symptomatic valve disease



Mitral Regurgitation is Classified into 2 Types

MR occurs when the mitral valve fails to close completely, causing blood flow to move backward into the left atrium



PRIMARY VALVE ABNORMALITY

- Leaflets
- Subvalvular apparatus
- Chordae and papillary muscles



SECONDARY LEFT VENTRICLE DILATION

- Leaflet tethering
- Mitral annular dilation
- Incomplete coaptation of the mitral valve

1. Mayo Clinic Staff. Mitral valve regurgitation: symptoms and causes. The Mayo Clinic. http://www.mayoclinic.org/diseasesconditions/mitral-valve-regurgitation/symptoms-causes/dxc-20121850. Published March 22, 2016. Accessed July 28, 2016



Mitral Regurgitation



Primary MR: Primary Valve Disease

Secondary MR: Primary Myocardial Disease





Mitral Regurgitation

Primary MR: Primary Valve Disease

Secondary MR: Primary Myocardial Disease



Diagnosis of Severe Mitral Regurgitation by Echo

Quantitative Measures	Specific Criteria*
EROA ≥0.4 cm2 Regurgitant volume ≥60 ml Regurgitant fraction ≥50%	Flail leaflet Vena Contracta width ≥0.7 cm PISA radius ≥1.0 cm Central large jet >50% of left atrial area Pulmonary vein systolic flow reversal Enlarged LV with normal function

*Definitely severe if ≥4 specific criteria



Symptoms/60/50/40



Symptoms EF <60% PASP >50 LVESD >40mm Atrial Fibrillation



Symptomatic patients





Symptomatic patients Asymptomatic patients





Symptomatic patients Asymptomatic patients LV Systolic Dysfunction

Symptoms EF <60%



Symptomatic patients Asymptomatic patients LV Systolic Dysfunction Pulmonary Hypertension

Symptoms EF <60% PASP >50



Symptomatic patients Asymptomatic patients LV Systolic Dysfunction Pulmonary Hypertension LV end systolic dimension

Symptoms EF <60% PASP >50 LVESD >40mm



Symptomatic patients Asymptomatic patients LV Systolic Dysfunction Pulmonary Hypertension LV end systolic dimension Atrial Fibrillation

Symptoms EF <60% PASP >50 LVESD >40mm Atrial Fibrillation



Late Outcomes of Mitral Valve Repair for Mitral Regurgitation Due to Degenerative Disease

Tirone E. David, MD; Susan Armstrong, MSc; Brian W. M

- **Background**—The pathological spectrum of degenerative diseases of the : (MR) is broad, and there is limited information on late outcomes of pathologies. This study examines this issue.
- *Methods and Results*—All 840 patients who had MV repair for MR c were prospectively followed with clinical and echocardiographic evalu of 10.4 years. Clinical, hemodynamic, and pathological variables wer Age, left ventricular ejection fraction, and functional class were predi multivariable analysis. MV repair failed to restore life span to normal patients had repeat MV surgery, and the probability of reoperation at 20 severe MR developed in 37 patients, and moderate MR developed in 61 degree of myxomatous changes in the MV, lack of mitral annuloplast associated with increased risk of recurrent MR. At 20 years, the freedoc freedom from moderate or severe MR was 69.2%.
- *Conclusions*—MV repair for degenerative MR restored life span to rest and impaired left ventricular function. Advanced age and complex recurrent MR. (*Circulation.* 2013;127:1485-1492.)

Key Words: degenerative disease of the mitral valve mitral





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MV repair returns life span to normal except in patients with symptoms at rest and impaired left ventricular function!



Symptomatic patients Asymptomatic patients LV Systolic Dysfunction Pulmonary Hypertension LV end systolic dimension Atrial Fibrillation

Symptoms EF <60% PASP >50 LVESD >40mm Atrial Fibrillation

Normal LV Function, repair possible?



Indications for Mitral Valve Repair

Asymptomatic Primary MR





Chronic severe MR Preserved LV Function Experienced surgical center Likelihood of repair >95%

Class II



Indications for Mitral Valve Repair

Asymptomatic Primary MR





Chronic severe MR Preserved LV Function Experienced surgical center Likelihood of repair >95%

Repair is better than replacement Patients should be referred to a *center experienced in repair* Class II





Twenty-Year Outcome After Mitral Repair Versus Replacement for Severe Degenerative Mitral Regurgitation

Analysis of a Large, Prospective, Multicenter, International Registry

Editorial, see p 423

BACKGROUND: Mitral valve (MV) repair is preferred over replacement in clinical guidelines and is an important determinant of the indication for surgery in degenerative mitral regurgitation. However, the level of evidence supporting current recommendations is low, and recent data cast doubts on its validity in the current era. Accordingly, the aim of the present study was to analyze very long-term outcome after MV repair and replacement for degenerative mitral regurgitation with a flail leaflet. Siham Lazam, MS* Jean-Louis Vanoverschelde, MD, PhD* Christophe Tribouilloy, MD, PhD Francesco Grigioni, MD, PhD Rakesh M. Suri, MD, PhD Jean-Francois Avierinos, MD Christophe de Meester, PhD

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Patients < 65 years



20% mortality 9 vs 16 years!



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harts _ > 75 years

50% mortality 12 vs 17 years!



ORIGINAL RESEARCH ARTICLE

Twenty-Year Outcome After Mitral Repair Versus Replacement for Severe Degenerative Mitral Regurgitation

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50% mortality 7.5 vs 10 years!





Mitral valve repair is superior to mitral valve replacement

Patients live longer when the mitral valve is repaired

Patient History

49 yo male with two years of progressive exercise intolerance, **NYHA CLASS I**

Table 17. Summary of Recommendations for Chronic Primary MR

Recommendations	COR	LOE	References
MV surgery is recommended for symptomatic patients with chronic severe primary MR (stage D) and LVEF >30%	I	В	(365,376)
MV surgery is recommended for asymptomatic patients with chronic severe primary MR and LV dysfunction (LVEF 30%-60% and/or LVESD >40 mm, stage C2)	I	В	(359–362, 392–394)
MV repair is recommended in preference to MVR when surgical treatment is indicated for patients with chronic severe primary MR limited to the posterior leaflet	l	В	(87,364, 395–409)
MV repair is recommended in preference to MVR when surgical treatment is indicated for patients with chronic severe primary MR involving the anterior leaflet or both leaflets when a successful and durable repair can be accomplished	I	В	(86,407-413)
Concomitant MV renair or replacement is indicated in natients with chronic severe primary MR	1	R	(414)

MV repair is reasonable in asymptomatic patients with chronic severe primary MR (stage C1) with preserved LV function (LVEF >60% and LVESD <40 mm) in whom the likelihood of a successful and durable repair without residual MR is >95% with an expected mortality rate of <1% when performed at a Heart Valve Center of Excellence



			· · ·
LVEF \leq 30% (stage D)			
MV repair may be considered in patients with rheumatic mitral valve disease when surgical treatment is	llb	В	(86,406,413)
indicated if a durable and successful repair is likely or if the reliability of long-term anticoagulation			
management is questionable			
Transcatheter MV repair may be considered for severely symptomatic patients (NYHA class III/IV) with	llb	В	(426)
chronic severe primary MR (stage D) who have a reasonable life expectancy but a prohibitive surgical			
risk because of severe comorbidities			
MVR should not be performed for treatment of isolated severe primary MR limited to less than one	III: Harm	В	(87,407-409)
half of the posterior leaflet unless MV repair has been attempted and was unsuccessful			











Mitral Valve Repair for Degenerative MR

Symptoms EF <60% PASP >50 LVESD >40mm Atrial Fibrillation

Long term results are improved when referred for repair before symptoms

Mitral repair offers significant improval in survival vs replacement




Transcatheter MV repair MitraClip

- Based on a surgical approach wherein the anterior leaflet and posterior leaflet are mechanically coapted
- Transseptal access via right transfemoral venous approach













Atrial view





Indications for transcatheter MV repair

Primary MR: Primary Valve Disease

Chronic severe MR Severely symptomatic Prohibited surgical risk Reasonable life expectancy





Randomized Comparison of Percutaneous Repair and Surgery for Mitral Regurgitation

5-Year Results of EVEREST II

Ted Feldman, MD,* Saibal Kar, MD,† Sammy Elmariah, MD, MPH,‡§ Steven C. Smart, MD,* Alfredo Trento, MD,|| Robert J. Siegel, MD,† Patricia Apruzzese, MS,§ Peter Fail, MD,¶ Michael J. Rinaldi, MD,# Richard W. Smalling, MD, PHD,** James B. Hermiller, MD,†† David Heimansohn, MD,‡‡ William A. Gray, MD,§§ Paul A. Grayburn, MD,|||| Michael J. Mack, MD,¶¶ D. Scott Lim, MD,## Gorav Ailawadi, MD,*** Howard C. Herrmann, MD,††† Michael A. Acker, MD,‡‡‡ Frank E. Silvestry, MD,††† Elyse Foster, MD,§§§ Andrew Wang, MD,||||| Donald D. Glower, MD,¶¶ Laura Mauri, MD,§### for the EVEREST II Investigators

ABSTRACT

BACKGROUND In the second Endovascular Valve Edge-to-Edge Repair Study trial, treatment of mitral regurgitation (MR) with a novel percutaneous device showed superior safety compared with surgery, but less effective reduction in MR at 1 year.

OBJECTIVES This study sought to evaluate the final 5-year clinical outcomes and durability of percutaneous mitral valve (MV) repair with the MitraClip device compared with conventional MV surgery.

METHODS Patients with grade 3+ or 4+ MR were randomly assigned to percutaneous repair with the device or conventional MV surgery in a 2:1 ratio (178:80). Patients prospectively consented to 5 years of follow-up.

RESULTS At 5 years, the rate of the composite endpoint of freedom from death, surgery, or 3+ or 4+ MR in the as-treated population was 44.2% versus 64.3% in the percutaneous repair and surgical groups, respectively (p = 0.01). The difference was driven by increased rates of 3+ to 4+ MR (12.3% vs. 1.8%; p = 0.02) and surgery (27.9% vs. 8.9%; p = 0.003) with percutaneous repair. After percutaneous repair, 78% of surgeries occurred within the first 6 months. Beyond 6 months, rates of surgery and moderate-to-severe MR were comparable between groups. Five-year mortality rates were 20.8% and 26.8% (p = 0.4) for percutaneous repair and surgery, respectively. In multivariable analysis, treatment strategy was not associated with survival.

CONCLUSIONS Patients treated with percutaneous repair more commonly required surgery for residual MR during the first year after treatment, but between 1- and 5-year follow-up, comparably low rates of surgery for MV dysfunction with either percutaneous or surgical therapy endorse the durability of MR reduction with both repair techniques. (EVEREST II Pivotal Study High Risk Registry; NCT00209274). (J Am Coll Cardiol 2015;66:2844-54) © 2015 by the American College of Cardiology Foundation.

EVEREST II – 5 Year Results

Freedom from Death, reoperation or MV surgery





EVEREST II – 5 Year Results

Freedom from MV Surgery or Reoperation





EVEREST II – 5 Year Results

Freedom from MV surgery or reoperation after 6 months





Improved Functional Status and Quality of Life in Prohibitive Surgical Risk Patients With Degenerative Mitral Regurgitation After Transcatheter Mitral Valve Repair

D. Scott Lim, MD,* Matthew R. Reynolds, MD, MSc,†‡ Ted Feldman, MD,§ Saibal Kar, MD,

Howard C. Herrmann, M Paul Grayburn, MD,^{‡‡} M

METHODS A prohibitive-risk DMR cohort was identified by a multidisciplinary heart team that retrospectively evaluated high-risk DMR patients enrolled in the EVEREST (Endovascular Valve Edge-to-Edge Repair Study) II studies.

RESULTS A total of 141 high-risk DMR patients were consecutively enrolled; 127 of these patients were retrospectively identified as meeting the definition of *prohibitive risk* and had 1-year follow-up (median: 1.47 years) available. Patients were elderly (mean age: 82.4 years), severely symptomatic (87% New York Heart Association class III/IV), and at prohibitive surgical risk (STS score: $13.2 \pm 7.3\%$). TMVR (MitraClip) was successfully performed in 95.3%; hospital stay was 2.9 \pm 3.1 days. Major adverse events at 30 days included death in 6.3%, myocardial infarction in 0.8%, and stroke in 2.4%. Through 1 year, there were a total of 30 deaths (23.6%), with no survival difference between patients discharged with MR \leq 1+ or MR 2+. At 1 year, the majority of surviving patients (82.9%) remained MR \leq 2+ at 1 year, and 86.9% were in New York Heart Association functional class I or II. Left ventricular

TMVR in prohibitive surgical risk patients is associated with safety and good clinical outcomes, including decreases in rehospitalization, functional improvements, and favorable ventricular remodeling, at 1 year.



EVEREST Realism High Risk

Characteristic	Prohibitive Risk DMR N = 127
Age (mean \pm SD)	82 ± 9 years
Patients over 75 years of age	84%
Male Gender	55%
Coronary Artery Disease	73%
Prior Myocardial Infarction	24%
Previous Cardiovascular Surgery	48%
Atrial Fibrillation History	71%
Prior Stroke	10%
Diabetes	30%
Moderate to Severe Renal Disease	28%
Chronic Obstructive Pulmonary Disease	32%
STS Mortality Risk (mean \pm SD) [v2.73, replacement]	13.2 ± 7.3%
SF-36 QoL Physical Component Score (mean \pm SD)	32.0 ± 8.7
SF-36 QoL Mental Component Score (mean \pm SD)	46.1 ± 12.5



EVEREST Realism High Risk

Post-Procedural and Discharge Results	Prohibitive Risk DMR N = 127
Post-Procedural (mean \pm SD)	
ICU/CCU duration	1.4 ± 1.8 days
Length of hospital stay	$2.9 \pm 3.1 \text{ days}$
Discharge MR, (%)	
$MR \le 2+$ at Discharge	82%
$MR \le 1+ at Discharge$	54%
Discharged home, (%)	87%



EVEREST Realism High Risk



Freedom from all cause mortality



SHARP.

Feldman T. EuroPCR 2018

ARTICLE IN PRESS

Buzzatti et al

Adult

Transcatheter or surgical repair for degenerative mitral regurgitation in elderly patients: A propensity-weighted analysis

Nicola Buzzatti, MD,^a Mathias Van Hemelrijck, MD,^b Paolo Denti, MD,^a Stefania Ruggeri, MS,^a Davide Schiavi, BS,^a Iside Stella Scarfò, MD,^a Diana Reser, MD,^b Maurizio Taramasso, MD,^b Alberto Weber, MD,^b Giovanni La Canna, MD,^a Michele De Bonis, MD,^a Francesco Maisano, MD,^b and Ottavio Alfieri, MD^a

(J Thorac Cardiovasc Surg 2019; ■:1-9)



Post-operative data

	Surgery SoW = 305.08	MitraClip SoW = 247.49	<i>P</i> value
Residual MR $\geq 2+$	8.5 (2.8)	67.7 (27)	<.001
LCOS	52.8 (17)	8.0 (3.3)	.001
Inotropes > MD	124.7 (41)	18.0 (7.3)	<.001
AKI	134.2 (45)	26.3 (11)	<.001
Ventilation hours	15 [11; 19]	5 [0; 10]	<.001
Ventilation >24 h	37.2 (12)	1.1 (0.5)	<.001
NIMV	61.9 (24)	9.8 (6.2)	.002
Sepsis	11.3 (3.7)	1.2 (0.5)	.118
Serious bleeding	26.1 (15)	6.0 (2.3)	.003
Transfusion need	111.5 (37)	15.1 (6.1)	<.001
Stroke	4.2 (1.4)	2.5 (1.0)	.741
ICU LOS, d	1 [1; 2]	0 [0; 1]	<.001
ICU LOS >1 d	128.4 (42)	19 (7.8)	<.001
Postoperative LOS, d	7 [5; 9]	4 [4; 6]	<.001
In-hospital death	2.8 (0.9)	2.7 (1.1)	.853
Discharge home	2.5 (0.8)	170.6 (69)	<.001

Acute residual MR



1-year survival



5-year survival



Follow-up: > 2+ MR





Residual moderate MR is a strong predictor of mortality after MitraClip



Ermela Yzeiraj¹, Klaudija Bijuklic¹, Julian Witt², Korff Krause ², Jana Sofias², Claudia Tiburtius ², Lorenz Hansen², Friedrich-Christian Rieß ², Joachim Schofer^{1,2} ¹Medical Care Center Prof Mathey, Prof Schofer, Hamburg, Germany, ² Albertinen Cardiovascular Center, Hamburg, Germany





• In degenerative MR Mitra Clip is the preferred choice in high risk patients





 MitraClip is associated with reduced acute morbidity and improved shortterm survival compared to surgery in elderly pts with DMR





 Surgery is the preferred treatment in low and intermediate risk patients with DMR





 In low-intermediate risk elderly pts, the decision is strongly influenced by the ability to achieve optimal correction of MR using the MitraClip.



Mitral Regurgitation

Primary MR: Primary Valve Disease

Secondary MR: Primary Myocardial Disease



Two RCTS on device treatment of SMR Reported Primary Results in 2018 MITRACLIPTM+GDMT AGAINST GDMT FOR HF PATIENTS WITH SECONDARY MR

- COAPTTM
 - MR severity defined per ACC/ASE guidelines
 - Sponsored by Abbott, for label expansion for symptomatic secondary MR ≥3+
- Mitra-FR
 - MR severity defined per European guidelines
 - Funded by French government, for MitraClip reimbursement for secondary MR



Percutaneous Repair or Medical Treatment for Secondary Mitral Regurgitation

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The MITRA-FR Trial





Primary endpoint: Freedom from death or HF hospitalizations through 12 months



Obadia JF et al. NEJM 2018

The MITRA-FR Trial



- All-Cause Death
- Unplanned rehospitalization for HF







The COAPT[™] Trial CARDIOVASCULAR OUTCOMES ASSESSMENT OF THE MITRACLIP PERCUTANEOUS THERAPY FOR HEART FAILURE PATIENTS WITH FUNCTIONAL MITRAL REGURGITATION





*Stratified by cardiomyopathy etiology (ischemic vs. non-ischemic) and site

Stone GW et al. NEJM 2018

Primary Effectiveness Endpoint ALL HOSPITALIZATIONS FOR HF WITHIN 24 MONTHS





Primary Effectiveness





Indications for transcatheter MV repair

Secondary MR: Functional Valve Disease

Symptomatic moderate to severe secondary MR LVEF 20 - 50%

left ventricular end systolic dimension (LVESD) ≤70 mm

Symptoms persist despite GDMT





Mitral Valve What's New???





BIG MAC





BIG MAC










Percutaneous Mitral Valve Replacement Tendyne







TENDYNE Bioprosthetic Mitral Valve System

The Tendnye Bioprosthetic Mitral Valve System is an investigational device, not available for sale. All rights reserved. CAUTION - Investigational Device. Limited by Federal (or United States) law to investigational use.

Summit Clinical Trial Design

Randomized Cohort

Non-Randomized Cohort

• Mitral Annular Calcification (MAC) Cohort



Summit Clinical Trial Inclusion Criteria:

- Symptomatic, moderate-to-severe or severe mitral regurgitation, or severe mitral annular calcification (MAC)
- NYHA Functional Classification ≥ II (if Class IV, patient must be ambulatory)
- The local site heart team determines that the subject has been adequately treated per applicable standards



Summit Clinical Trial Exclusion Criteria:

- Left ventricular ejection fraction < 25%
- Left ventricular end diastolic diameter > 7.0 cm
- Prior surgical or interventional treatment of mitral valve involving implantation of prosthetic material
- Severe tricuspid regurgitation or any tricuspid valve disease requiring surgery or transcatheter intervention
- Subject undergoing hemodialysis due to chronic renal failure
- life expectancy of less than 12 months



Edwards Cardioband









Edwards Pascal





Valcare Amend Ring









Coronary Sinus Annuloplasty







Harpoon Neochords













ORIGINAL ARTICLE

Mechanical or Biologic Prostheses for Aortic-Valve and Mitral-Valve Replacement

Andrew B. Goldstone, M.D., Ph.D., Peter Chiu, M.D., Michael Baiocchi, Ph.D., Bharathi Lingala, Ph.D., William L. Patrick, M.D., Michael P. Fischbein, M.D., Ph.D., and Y. Joseph Woo, M.D.

ABSTRACT



SURVIVAL FOLLOWING AVR







Survival Following Mitral Valve Replacement





50-69 years

Mitral Valve Repair

- Lower operative risk than mitral replacement
- Improved left ventricle function less heart failure
- Freedom from valve complications infections, embolism
- No need for anticoagulation





Mitral Valve Repair Techniques





Minimally Invasive Mitral Valve repair









Minimally Invasive Mitral Valve Repair







Minimally Invasive Mitral Valve repair

- More rapid recovery
- Less pain
- Less need for blood transfusions
- More cosmetically appealing
- More quick return to work and full activity



Discussion

Questions & Answers



Thank you

