



Aloha
from Kauai!

**Sharp HealthCare's 2016
Primary Care Conference**

Grand Hyatt Kauai Resort and Spa
Kauai, Hawaii
Dec. 1 to 5, 2016



SHARP



lagoon kayaking

anara spa



Sharp HealthCare's 2016 Primary Care Conference Thursday, Dec. 1 to Monday, Dec. 5, 2016

ABOUT THE CONFERENCE

This year's conference will focus on the educational needs of primary care physicians, including family physicians, internists and any others interested in learning about the latest developments in the field of primary care medicine.

CONFERENCE OBJECTIVES

Following this conference, attendees should be able to:

- Discuss differences between key health issues in women compared to men
- Describe new approaches to the management of menopausal symptoms
- Identify best practices for the office management of heart failure
- Discuss emerging issues in heart failure, including device therapies
- Describe evidence-based colorectal cancer screening guidelines
- Recognize the evolution of surveillance and treatments for hepatitis C and nonalcoholic steatohepatitis (NASH)
- Discuss the latest approaches to head injuries and concussions
- Describe sports medicine conditions that are commonly seen in the primary care practice
- Predict poor outcomes in the frail elderly, including delirium
- Describe the benefits and risks regarding marijuana use
- Explain key features of Attention Deficit Disorder in the adult population
- Describe common health issues related to travel
- Discuss the latest approaches to acute chest pain

ABOUT THE GRAND HYATT KAUAI RESORT AND SPA

The Grand Hyatt Kauai Resort and Spa's lush grounds and amenities allow guests to create their own personalized retreat. Guests can kayak in the lagoons, golf on the championship course, indulge in a reviving treatment at Anara Spa, savor fine dining or enjoy an authentic luau. The lovely setting lets guests easily explore the natural wonders of the Garden Isle, as well as the many area museums, galleries and shops.

ACCREDITATION

Sharp HealthCare is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CME CREDIT

Sharp HealthCare designates this live activity for a maximum of 14.50 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AMERICAN ACADEMY OF FAMILY PHYSICIANS (AAFP)

This Live activity, Sharp HealthCare's 2016 Primary Care Conference, with a beginning date of 12/1/2016, has been reviewed and is acceptable for up to 14.50 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

DISCLOSURE

As an organization accredited by the ACCME, Sharp HealthCare requires everyone who is in a position to control the content of an education activity to disclose all relevant financial relationships with any commercial interest. The ACCME defines "relevant financial relationships" as financial relationships in any amount, occurring within the past 12 months, including financial relationships of a spouse or life partner, that could create a conflict of interest. During an educational activity, Sharp HealthCare encourages faculty to identify investigational products or off-label uses of products regulated by the U.S. Food and Drug Administration at first mention and where appropriate in the content.

CULTURAL AND LINGUISTIC COMPETENCY

This conference is in compliance with the California Assembly Bill 1195, which requires that all CME activities comprising a patient care element include curriculum addressing the topic of cultural and linguistic competency. The intent of this bill is to ensure that health care professionals are able to meet the cultural and linguistic concerns of a diverse patient population through effective and appropriate professional development. Cultural and linguistic competency was incorporated into the planning of this conference.



championship golf

fine dining



FACULTY SPEAKERS

Neil W. Treister, MD, MBA, FACC

Conference Chair; Medical Informatics Officer, Sharp Community Medical Group, San Diego, Calif.

Christopher Ho, MD

Secretary/Treasurer of the Sharp Memorial Hospital Medical Staff; Former Chief, Department of Emergency Medicine, Sharp Memorial Hospital, San Diego, Calif.

Daniel R. Hoefler, MD

Chief Medical Officer, Outpatient Palliative Medicine, Sharp HospiceCare, San Diego, Calif.

Brian E. Jaski, MD, FACC

Director of Clinical Research, San Diego Cardiac Center; Medical Director, Advanced Heart Failure and Cardiac Transplant Program, Sharp Memorial Hospital, San Diego, Calif.

Kai MacDonald, MD, FAPA

Health Sciences Assistant Clinical Professor, Department of Psychiatry and Department of Family and Preventive Medicine (Non-salaried), University of California, San Diego School of Medicine; Medical Director, Lasting Recovery Treatment Center, La Jolla, Calif.

Jamie Saben, MD

Family Medicine/Sports Medicine, Sharp Rees-Stealy Medical Group; Volunteer Clinical Instructor, University of California, San Diego School of Medicine, La Jolla, Calif.

Richard J. Snyder, MD

Gastroenterologist, San Diego Digestive Disease Consultants and Sharp Community Medical Group, San Diego, Calif.

Cynthia A. Stuenkel, MD

Clinical Professor of Medicine, Endocrinology and Metabolism, University of California, San Diego School of Medicine, La Jolla, Calif.

CONFERENCE REGISTRATION

Sharp HealthCare's 2016 Primary Care Conference

Dec. 1 to 5, 2016

The Grand Hyatt Kauai Resort and Spa
1571 Poipu Road, Koloa, HI 96756

\$645 early registration if paid by Sept. 16, 2016

\$695 registration if paid on or after Sept. 17, 2016

\$50 discount is available to Sharp-affiliated physicians or attendees of any prior Sharp HealthCare Primary Care Conference. A \$75 cancellation fee applies; no refunds on or after Oct. 14, 2016.

Two easy ways to register:

CALL 1-800-82-SHARP (1-800-827-4277), 8 a.m. to 6 p.m. PST,
Monday through Friday

ONLINE at www.sharp.com/aloha

Hotel and Travel Reservations

Call Peak Travel at 1-800-366-0455 to book your hotel and air reservations.

Peak Travel's office hours are Monday through Friday, 8:30 a.m. to 5:30 p.m. PST.

The conference rate at Grand Hyatt Kauai is \$199 plus tax per night for garden view rooms (standard room) or \$229 plus tax per night for run of ocean rooms (mixture of partial and deluxe ocean view rooms), single or double occupancy. Please note there will be an additional charge of \$75 per night plus tax for the third adult (18 years or older) in a room. The maximum number of persons per room is three adults or two adults and two children.

About Sharp HealthCare

Sharp HealthCare, San Diego's health care leader, is dedicated to transforming the health care experience for patients, physicians and employees through its initiative called The Sharp Experience. Sharp includes four acute-care hospitals, three specialty hospitals and two affiliated medical groups, plus a full spectrum of other facilities and services.



~ A Health Care Organization Designed Not For Profit, But For People ~



grand hyatt kauai resort



CONFERENCE SCHEDULE

Thursday, Dec. 1

- 3:30 p.m. Registration
- 5 p.m. Opening Reception (registrants and guests)
- 6 p.m. Introduction of Conference Chair —
Loretta Thompson, Director of CME, Sharp HealthCare
- 6:05 p.m. Welcome — Neil W. Treister, MD, MBA, FACC
- 6:15 p.m. *The Changing State of Women's Health* —
Cynthia A. Stuenkel, MD
- 7:15 p.m. Adjourn

Friday, Dec. 2

- 7:30 a.m. to Noon Exhibits
- 7:30 a.m. Breakfast (registrants only)
- 8 a.m. *True Confessions of a Menopause Maven* —
Cynthia A. Stuenkel, MD
- 8:45 a.m. *Top 10 Stories in Women's Health* — Cynthia A. Stuenkel, MD
- 9:30 a.m. Q&A Session
- 9:45 a.m. Break
- 10 a.m. *Success With Heart Failure: What's New for Outpatient
Management* — Brian E. Jaski, MD, FACC
- 10:45 a.m. *Advanced Cardiac Interventions: 2016 Update* —
Brian E. Jaski, MD, FACC
- 11:30 a.m. Q&A Session
- 11:45 a.m. Adjourn

Saturday, Dec. 3

- 7:30 a.m. to Noon Exhibits
- 7:30 a.m. Breakfast (registrants only)
- 8 a.m. *Colon Cancer Screening, Hep C and Fatty Liver: The
Times They Are A-Changin'* — Richard J. Snyder, MD
- 8:45 a.m. *Answers to Everyday GI Questions Posed by Patients,
Family and Friends* — Richard J. Snyder, MD
- 9:30 a.m. Q&A Session
- 9:45 a.m. Break

- 10 a.m. *Concussions: Clearing Up Some Fuzzy Thinking* —
Jamie Saben, MD
- 10:45 a.m. *Sports Medicine Cases and Conundrums* —
Jamie Saben, MD
- 11:30 a.m. Q&A Session
- 11:45 a.m. Adjourn

Sunday, Dec. 4

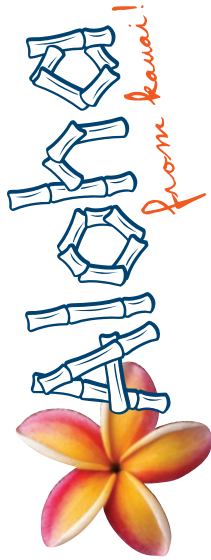
- 7 a.m. Aloha Fun Run: 5K and 10K (optional)
- 12:30 to 5 p.m. Exhibits
- 1 p.m. *If Only Someone Had Warned Us* — Daniel R. Hoefler, MD
- 1:45 p.m. *What Happened to Grandma?* — Daniel R. Hoefler, MD
- 2:30 p.m. Q&A Session
- 2:45 p.m. Break
- 3 p.m. *Why Not Pot? A Review of the Risks of 'Going Green'* —
Kai MacDonald, MD, FAPA
- 3:45 p.m. *Adult Attention Deficit Disorder (ADD): Addiction,
Diversion and Deceit or A Disabling Disorder?* —
Kai MacDonald, MD, FAPA
- 4:30 p.m. Q&A Session
- 4:45 p.m. Adjourn

Monday, Dec. 5

- 7:30 to 11 a.m. Exhibits
- 7:30 a.m. Breakfast (registrants only)
- 8 a.m. *Case Studies: Getting to the Heart of the Matter* —
Neil W. Treister, MD, MBA, FACC
- 8:45 a.m. *Chest Pain Happens: A Rational Approach* —
Christopher Ho, MD
- 9:30 a.m. *Bon Voyage! Topics in Travel Medicine* —
Christopher Ho, MD
- 10:30 a.m. *Aloha 2016: Hello, I Must Be Going* —
Neil W. Treister, MD, MBA, FACC
- 11 a.m. Adjourn



Continuing Medical Education
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