Advances in Obstetrics and Gynecology
Saturday, February 28, 2015
Paradise Point Resort & Spa — San Diego

About the Conference
As San Diego’s only hospital of its kind, Sharp Mary Birch Hospital for Women & Newborns is pleased to present its inaugural Advances in Obstetrics and Gynecology conference.

This educational event will provide medical practitioners with the latest clinical information, research, and practical management strategies for women at all stages of life. Local, regional and international specialists will share their expertise and knowledge on key issues in gynecology, obstetrics and neonatology.

Three conference tracks will allow attendees to choose from more than 20 breakout sessions. Topics will include female pelvic disorders and incontinence; menopause; neonatal innovations; high-risk obstetrics; and endometrial and ovarian cancers.
Educational Objectives

Upon completion of this conference, participants should be able to:

• Compare and contrast the latest advances in infertility treatments
• Identify new strategies for preterm birth prevention, gestational diabetes management, treatment of sleep apnea during pregnancy and universal cervical screening
• Discuss multidisciplinary approaches to placenta accreta, increta and percreta
• Describe in-utero treatment for twin-twin transfusion syndrome
• Rationalize the advantages of delayed cord clamping
• Explain neuroprotection of the neonate
• Identify current issues with morcellation
• Improve the management of gynecologic cancers
• List the pros and cons of using mesh for female pelvic disorders

Keynote Speakers

Ramen H. Chmait, MD
Assistant Professor of Clinical Obstetrics and Gynecology, University of Southern California’s Keck School of Medicine*

David Hutchon, MB
Consultant of Obstetrics, United Kingdom*

Anup C. Katheria, MD
Director, Neonatal Research Institute, Sharp Mary Birch Hospital for Women & Newborns; Neonatologist, San Diego Neonatology, Inc.*

*All speakers are affiliated with Sharp Mary Birch Hospital for Women & Newborns unless otherwise noted.
Faculty Speakers

Joanna Adamczak, MD
Maternal Fetal Medicine, San Diego Perinatal Center

Afshin Bahador, MD
Gynecologic Oncology, South Coast Gynecologic Oncology, Inc.

Holly Casele, MD
Maternal Fetal Medicine, San Diego Perinatal Center

Valerian A. Catanzarite, MD, PhD
Maternal Fetal Medicine, San Diego Perinatal Center

Emily E. Cole, MD
Urology, Female Pelvic Medicine and Reconstructive Surgery,
Sharp Rees-Stealy Medical Group

Larry A. Cousins, MD
Maternal Fetal Medicine, San Diego Perinatal Center

Lejla Delic, MD
Gynecologic Oncology, South Coast Gynecologic Oncology, Inc.

David D. Dowling, MD
Maternal Fetal Medicine, Specialty Obstetrics of San Diego

Steven R. Drosman, MD
Obstetrics and Gynecology, Private Practice

Norman B. Duerbeck, MD
Maternal Fetal Medicine, Specialty Obstetrics of San Diego

Bridgette D. Duggan, MD
Gynecologic Oncology, South Coast Gynecologic Oncology, Inc.

David R. Gambling, MD
Medical Director, Anesthesiology, Sharp Mary Birch Hospital for Women & Newborns; Surgical Services Head, Anesthesia Service Medical Group, Inc.
David Harari, MD  
Obstetrics and Gynecology, Sharp Rees-Stealy Medical Group

Colleen McNally, MD  
Chief Medical Officer, Sharp Mary Birch Hospital for Women & Newborns; Obstetrics and Gynecology, Women’s Health Care at Frost Street

Arlene J. Morales, MD  
Medical Director, Reproductive Endocrinology and Infertility; Chair, Bioethics, Fertility Specialists Medical Group

Maynard R. Rasmussen, MD  
NICU Medical Director, Neonatology, Sharp Mary Birch Hospital for Women & Newborns

Craig S. Saffer, MD  
Obstetrics and Gynecology, West Coast OB/GYN, Inc.

Wade Schwendemann, MD  
Maternal Fetal Medicine, San Diego Perinatal Center

Mandhir S. Suri, MD  
Neonatology, San Diego Neonatology, Inc.

Tevy Tith, MD  
Maternal Fetal Medicine, San Diego Perinatal Center

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Hotel Information
Paradise Point Resort & Spa
1404 Vacation Road, San Diego, CA 92109

Paradise Point Resort & Spa features comfortable bungalow-style rooms amidst lush, tropical gardens, tranquil lagoons, and one mile of sandy beach next door to SeaWorld. The 44-acre island has five swimming pools, beach bonfire pits, a marina, five dining venues, an award-winning spa and endless recreation options. A limited number of rooms at the $175 per night discounted rate are available through January 28, 2015. To make your reservations, call 800-344-2626 and state that you are with the Sharp Mary Birch Conference.

About Sharp Mary Birch Hospital for Women & Newborns
Sharp Mary Birch Hospital for Women & Newborns, part of Sharp HealthCare, is a nationally recognized hospital for women, expectant mothers and infants. It has one of the largest level III neonatal intensive care units (NICU) in Southern California. Designated as a Center of Excellence in Minimally Invasive Gynecology (COEMIG) by the American Academy of Gynecologic Laparoscopists, the hospital offers a range of health services for women of all ages.

Conference Registration
$95 if paid by Dec. 31, 2014
$125 if paid on or after Jan. 1, 2015

To register, visit www.sharp.com/obgyncme or call 1-800-82-SHARP (1-800-827-4277).
# Agenda

<table>
<thead>
<tr>
<th>Time</th>
<th>Session 1</th>
<th>Session 2</th>
<th>Session 3</th>
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<tr>
<td>8:15 a.m.</td>
<td>Welcome</td>
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<td>8:30 a.m.</td>
<td><em>Keynote: That’s My Blood! Methods to Improve Placental Transfusions — Past, Present and Future</em></td>
<td><em>Sleep Apnea in Pregnancy: Does Better Breathing Make Better Babies?</em></td>
<td><em>Minimally Invasive Myomectomy and the Morcellation Debate</em></td>
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<td>Anup C. Katheria, MD</td>
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<td>9:15 a.m.</td>
<td><em>Prenatal Screening and Testing</em></td>
<td><em>Sleep Apnea in Pregnancy: Does Better Breathing Make Better Babies?</em></td>
<td><em>Minimally Invasive Myomectomy and the Morcellation Debate</em></td>
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<td>9:45 a.m.</td>
<td>Networking Break</td>
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<td>10:15 a.m.</td>
<td><em>Placenta Accreta/Increta/Percreta: Prenatal Diagnosis and Pregnancy Management</em></td>
<td><em>Complicated Preeclampsia</em></td>
<td><em>The Mesh Mess — How Did We Get Here and Where Do We Go Now?</em></td>
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<td>Emily E. Cole, MD</td>
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<td>10:45 a.m.</td>
<td><em>The Surgical Attack for Placenta Accreta, Increta and Percreta</em></td>
<td><em>Preterm Birth Prevention</em></td>
<td><em>Single-Site Robotic Surgery in Gynecology</em></td>
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<td>11:15 a.m.</td>
<td><em>The Invasive Placenta: Anesthetic Issues</em></td>
<td><em>High Reliability in Perinatal Medicine</em></td>
<td><em>Hot Flash Havoc!</em></td>
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| 1:00 p.m. | **Keynote: Promoting a Physiological Transition at Birth — in Sickness and in Health**  
David Hutchon, MB |
| 1:45 p.m. | **Universal Cervical Screening: Are We There Yet?**  
Norman B. Duerbeck, MD  
**Ventilation During Delayed Cord Clamping: How to Keep It Sterile and Safe**  
Anup C. Katheria, MD  
**Advances in Endometrial Cancer**  
Lejla Delic, MD |
| 2:15 p.m. | **Fetal Anemia: Diagnosis and Management**  
Wade Schwendemann, MD  
**Neonatal Neuroprotection**  
Maynard R. Rasumssen, MD  
**Ovarian Cancer: New Concepts for Prevention**  
Bridgette D. Duggan, MD |
| 2:45 p.m. | **Networking Break** |
| 3:00 p.m. | **Diabetes in Pregnancy: What's New and What Still Needs Fixing?**  
Larry A. Cousins, MD  
**Threshold of Viability: How Small Is Too Small?**  
Mandhir S. Suri, MD  
**Expanded Patient Uses of IVF**  
Arlene J. Morales, MD |
| 3:30 p.m. | **Keynote: Twin-Twin Transfusion Syndrome: An Update on Management and Outcomes**  
Ramen H. Chmait, MD |
| 4:15 p.m. | **Closing Remarks**  
Colleen McNally, MD |
| 4:30 p.m. | **Reception** |
| 6:30 p.m. | **Adjourn** |
Accreditation

Sharp HealthCare is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CME Credit

Sharp HealthCare designates this live activity for a maximum of 6.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Cultural and Linguistic Competency

This conference is in compliance with the California Assembly Bill 1195, which requires that all CME activities comprising a patient care element include curriculum addressing the topic of cultural and linguistic competency. The intent of this bill is to ensure that health care professionals are able to meet the cultural and linguistic concerns of a diverse patient population through effective and appropriate professional development. Cultural and linguistic competency was incorporated into the planning of this conference.

Disclosure

As an organization accredited by the ACCME, Sharp HealthCare requires everyone who is in a position to control the content of an education activity to disclose all relevant financial relationships with any commercial interest.

The ACCME defines “relevant financial relationships” as financial relationships in any amount, occurring within the past 12 months, including financial relationships of a spouse or life partner that could create a conflict of interest.

Sharp HealthCare encourages faculty to identify investigational products or off-label uses of products regulated by the U.S. Food and Drug Administration at first mention and where appropriate in the content.