

# Sharp HealthCare

## Sharp Equality Alliance (SEA) Quarterly Breakfast Forum

### Mental Health Challenges for Adolescents – Addressing Stigma and Increasing Access - Online

A **knowledge** activity for Sharp HealthCare employees, physicians, pharmacists and other interested staff

**Start Date:** September 5, 2019

**Expiration Date:** September 5, 2022

Originally presented May 8, 2019

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**Educational Objectives:** Following this activity, participants should be able to:

1. Describe the prevalence of mental health disorders in the adolescent population
2. Review the demographics of the young adult population in San Diego
3. Discuss the importance of early intervention in adolescent with mental/behavioral health challenges
4. Utilize strategies to improve clarity of communication and build trust and rapport with young adults/adolescents

**Registration** is complimentary. No pre-registration is required.

**To earn credit:**

1. Complete the pretest
2. View content
3. Pass posttest with minimum score (80%)
4. Complete post evaluation

Access module content directly [HERE](#).



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**Accreditation:** Sharp Healthcare is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. **CPE Credit:** Sharp HealthCare designates this live activity for a maximum of 1.0 contact hours (.10 CEUs). Partial credit will not be awarded. Pharmacists can verify their credits at <http://www.cpemonitor.net> within 30 days of completion of activity.

UAN: 0571-0000-19-043-H04-P and 0571-0000-19-043-H04-T

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**NP Credit:** AANPCB accepts *AMA PRA Category 1 Credit(s)*<sup>™</sup> issued by organizations accredited by ACCME as an equivalent number of hours of participation. 1 *AMA PRA Category 1 credit* = 1 contact hour.

**Nurse Credit:** The California Board of Registered Nursing recognizes the use of Category 1 Continuing Medical Education credit toward credit contact hours. Report "ACCME Category 1 Credit" as BRN number. No BRN slip will be given. Participants must attend the entire conference to receive continuing education credits.