

Sharp Equality Alliance (SEA) Quarterly Breakfast Forum

Weight Bias and the Stigma of Obesity

A **knowledge** activity for Sharp HealthCare employees, physicians, pharmacists and other interested staff



Wednesday, November 13, 2019

7:30 a.m. to 8:30 a.m.

Sharp HealthCare – Spectrum Boardroom

8695 Spectrum Center Blvd., San Diego, CA 92123

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Sharp Memorial Hospital

Educational Objectives: Following this activity, participants should be able to:

1. Define the classifications of obesity
2. Explain why severe obesity is a disease.
3. Explain the physical, social, financial and psychological impact and consequences of obesity.
4. Describe how and where weight bias exists.
5. Discuss practical approaches to provide weight sensitive care.

Join us online – Select link or copy and paste into browser: <https://sharphealthcare.adobeconnect.com/seabreakfastclub/>

Remote Viewing: To view at your entity with peers, check out the options on the CME Portal under **Venue** for this activity.

Registration: is complementary. Both in person and online participants must register. To reserve a space, visit:

www.sharp.com/cmeportal

1. Log in, by selecting **Sign In** (in upper left)
2. Select **CME Series** from top menu
3. Search **Obesity** and select **Details**
4. Select **Register** and follow the prompts to complete the process - *On-site registration for Spectrum will be capped at 50*

For credit: Text your attendance, attend the activity in its entirety and complete the post activity evaluation. **Commercial Support:** None

Accreditation: Sharp HealthCare is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. **CME Credit:** Sharp HealthCare designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Accreditation: Sharp HealthCare is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. **CPE Credit:** Sharp HealthCare designates this live activity for a maximum of 1.0 contact hours (.10 CEUs). Partial credit will not be awarded. Pharmacists can verify their credits at <http://www.cpemonitor.net> within 30 days of completion of activity. **UAN:** 0571-0000-19-020-L04-P or 0571-0000-19-020-L04-T.

PA Credit: PAs may claim a maximum of 1.0 Category 1 credits for completing this activity. NCCPA accepts *AMA PRA Category 1 Credit*[™] from organizations accredited by ACCME or a recognized state medical society.

NP Credit: AANPCB accepts *AMA PRA Category 1 Credit(s)*[™] issued by organizations accredited by ACCME as an equivalent number of hours of participation. 1 *AMA PRA Category 1 credit* = 1 contact hour.

Nurse Credit: The California Board of Registered Nursing recognizes the use of Category 1 Continuing Medical Education credit toward credit contact hours. Report "ACCME Category 1 Credit" as BRN number. No BRN slip will be given. Participants must attend the entire conference to receive continuing education credits.

