

Sharp Grossmont Hospital presents

Annual Patient Safety Summit: I am Here for You

For Sharp Grossmont-affiliated physicians, nurses, pharmacists and other health care providers interested in learning more about the importance of peer support following adverse events.

Friday, March 16, 2018

8 a.m. – 12:10 p.m.

~breakfast and registration begin at 7:30 a.m.

SGH Main Auditorium

Educational Objectives:

Following this activity, participants should be able to:

1. Discuss why medical professionals are particularly at-risk for stress related physical and mental health conditions
2. List three common types of stressors experienced by medical professionals
3. Recognize signs of stress and when I may need additional help
4. Review the concept and practice of mindfulness and its benefits based on the latest scientific research
5. Apply basic strategies for reducing stress and calming the mind, including debriefing, mindfulness practice, and related self-care skills
6. Recognize risk factors and precipitants of potentially dangerous behaviors in the disruptive patient
7. Differentiate between common behaviors associated with medical conditions versus mental health conditions in the disruptive patient
8. Describe approaches for both crisis intervention and behavior de-escalation including communication techniques and environmental interventions
9. Describe the current state of physician and nurse suicide based on the latest research
10. Discuss strategies for suicide prevention, suicide risk detection and prevention in health care

Activity Type: Knowledge

Registration Fee: Complimentary

To Register: Click [HERE](https://sharp.cloud-cme.com/aph.aspx?P=5&EID=9309) or copy and paste into browser: <https://sharp.cloud-cme.com/aph.aspx?P=5&EID=9309>



Accreditation: Sharp HealthCare is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CME Credit: Sharp HealthCare designates this live activity for a maximum of 4.0 AMA PRA Category 1 Credits™. Physicians should only claim the credit commensurate with the extent of their participation in the activity.



Accreditation: Sharp HealthCare is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

CPE Credit: Sharp HealthCare designates this live activity for a maximum of 4.0 contact hours (0.40 CEUs). Partial credit will not be awarded.

Successful completion of this **knowledge** activity includes signing in, attending the entire conference and submitting completed evaluations and assessment at the conclusion of this activity. **UAN: 0571-0000-018-015-L05-P and 0571-0000-018-015-L05-T**

Nurse Credit: The California Board of Registered Nursing recognizes the use of Category 1 Continuing Medical Education credit toward credit contact hours. Report "ACCME Category 1 Credit" as BRN number. No BRN slip will be given. Participants must attend the entire conference to receive continuing education credit.

Agenda

- 7:30 a.m. **Breakfast and Registration**
- 8 a.m. **Welcome** – Nancy Greengold, MD, *Chief Medical Officer, Sharp Grossmont Hospital*
- 8:15 a.m. **Emergency Department: Caring for the Caregiver** – Julie Phillips, MD, *Emergency Department, Sharp Grossmont Hospital*
- 9:15 a.m. **Video: Safety Story**
- 9:30 a.m. **Mindfulness Tabletop Exercise** – Robert McClure, *Consultant, Sharp HealthCare Employee Assistance Program (EAP)*
- 9:50 a.m. **Break** (video interviews to play)
- 10 a.m. **Managing the Disruptive Patient** – Maria Parra, RN, BC, *Behavioral Health, Sharp Grossmont Hospital*
- 10:45 a.m. **Video: Managing the Disruptive Patient**
- 11 a.m. **Identifying and Treating Nurses and Physicians at Risk** – Judy E. Davidson, DNP, RN, FCCM, FAAN, *Evidence-Based Practice and Research Nurse Liaison, University of California, San Diego*
- 12 p.m. **Closing Remarks** – Tametha Stroh, *Director, Quality Improvement and Patient Safety, Sharp Grossmont Hospital*
- 12:10 p.m. **Adjourn**

DISCLOSURE: As an organization accredited by the ACCME, Sharp HealthCare requires everyone who is in a position to control the content of an education activity to disclose all relevant financial relationships with any commercial interest. The ACCME defines "relevant financial relationships" as financial relationships in any amount, occurring within the past 12 months, including financial relationships of a spouse or life partner, that could create a conflict of interest.

Sharp HealthCare, encourages faculty to identify investigational products or off-label uses of products regulated by the US Food and Drug Administration, at first mention and where appropriate in the content.

CULTURAL & LINGUISTIC COMPETENCY: This activity is in compliance with California Assembly Bill 1195 which requires that all CME activities comprising a patient care element include curriculum addressing the topic of cultural and linguistic competency. The intent of this bill is to ensure that health care professionals are able to meet the cultural and linguistic concerns of a diverse patient population through effective and appropriate professional development. Cultural and linguistic competency was incorporated into the planning of this activity.

SPONSOR: None