



# Sharp HealthCare Online Education

## The Ethnohistoric Legacy of Slavery in America as a Root Cause of Health Inequities for African Americans and Post Traumatic Slavery Disorder (PTSD)

**Author: Rodney G. Hood, MD, FACP, President and Founder Multicultural Health Foundation; Past President National Medical Association; Chair Advisory Committee W. Montague Cobb / NMA Health Institute; Editorial Board Journal of Racial and Ethnic Health Disparities**

**Recorded:** February 12, 2020 by Sharp Equality Alliance

**Released:** July 20, 2020

**Expires:** July 20, 2023

**Educational Objectives:** Following this **knowledge** activity, participants should be able to:

1. Review the origins and history of racism in US health system
2. Differentiate between equality and equity
3. Discuss how the combination of Adverse Childhood Events (ACEs) and chronic stress referred to as allostatic load are root causes of health inequities leading to chronic diseases
4. Describe chronic toxic stress and its relationship to racial and ethnic health disparities especially with African Americans
5. Discuss a case study of a patient with Post Traumatic Slavery Disorder (PTSD)

**Target audience:** All Sharp HealthCare employees, physicians, pharmacists and other interested staff

**Registration** is complimentary. No pre-registration is required.

**Commercial Support:** None

1. Visit, <https://sharp.cloud-cme.com/HealthInequity>. If you are not logged into the CME Portal, it will prompt you to **sign in** first.
2. Select **Content**.
3. Select **Launch Video** to view the content. If you wish to have a copy of slides for notes and following along, please download a copy of the slides via the link available in the content description.
4. Complete **Posttest**. Select **Show Results** (upper right) to proceed directly to the evaluation.
5. Complete **Evaluation**. **This is required** to earn credit and received certificate. Do not skip.
6. **Certificate** is **emailed automatically**. It is recommended that you save for your records.

**Need help?** Please call the **CME Department** at **858-499-4560** or email [cme@sharp.com](mailto:cme@sharp.com)

**Total completion time:** 60 minutes



**Accreditation:** Sharp HealthCare is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. **CME Credit:** Sharp HealthCare designates this enduring material for a maximum of 1.0 AMA PRA Category 1 Credit(s). Physicians should claim only the credit commensurate with the extent of their participation in the activity. **PA Credit:** PAs may claim a maximum of 1.0 Category 1 credits for completing this activity. NCCPA accepts AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society. **NP Credit:** AANPCB accepts AMA PRA Category 1 Credit(s) issued by organizations accredited by ACCME as an equivalent number of hours of participation. 1 AMA PRA Category 1 credit = 1 contact hour.

**Nurse Credit:** The California Board of Registered Nursing recognizes the use of Category 1 Continuing Medical Education credit toward credit contact hours. Report "ACCME Category 1 Credit" as BRN number. No BRN slip will be given. Participants must attend the entire conference to receive continuing education credits.



**Accreditation:** Sharp HealthCare is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. **CPE Credit:** Sharp HealthCare designates this live activity for a maximum of 1.0 contact hours (0.10 CEUs). Partial credit will not be awarded. Pharmacists can verify their credits at CPE Monitor within 30 days of completion of this activity. **UAN: 0571-0000-20-030-H04-P and 0571-0000-20-030-H04-T**